AXIS
ENTRENAMIENTO & BIENESTAR

SALA 1

LUNES	MARTES	MIÉRC.	JUEVES	VIERNES	SÁBADO	DOMINGO
09:30 - 10:30 **Reformer (Máx 4)**	09:30 - 10:30 **Reformer (Máx 4)**	09:30 - 10:30 **Reformer (Máx 4)**	09:30 - 10:30 **Reformer (Máx 4)**	10:30 - 11:30 **Reformer (Máx 4)**		
10:30 - 11:30 **Reformer (Máx 4)**	17:30 - 18:30 **Reformer (Máx 4)**	10:30 - 11:30 **Reformer (Máx 4)**	18:30 - 19:30 **Reformer (Máx 4)**	18:30 - 19:30 **Reformer (Máx 4)**		
17:30 - 18:30 **Reformer (Máx 4)**	18:30 - 19:30 **Reformer (Máx 4)**	17:30 - 18:30 **Reformer (Máx 4)**	19:30 - 20:30 **Reformer (Máx 4)**	19:30 - 20:30 **Reformer (Máx 4)**		
18:30 - 19:30 **Reformer (Máx 4)**	19:30 - 20:30 **Reformer (Máx 4)**	18:30 - 19:30 **Reformer (Máx 4)**	20:30 - 21:30 **Reformer (Máx 4)**			
19:30 - 20:30 **Reformer (Máx 4)**	20:30 - 21:30 **Reformer (Máx 4)**	19:30 - 20:30 **Reformer (Máx 4)**				
20:30 - 21:30 **Reformer (Máx 4)**		20:30 - 21:30 **Reformer (Máx 4)**				

27/03/2026

AXIS
ENTRENAMIENTO & BIENESTAR

SALA 2

LUNES	MARTES	MIÉRC.	JUEVES	VIERNES	SÁBADO	DOMINGO
17:30 - 18:30 **Yoga (Máx 5)**	10:30 - 11:30 **Funcional (Máx 7)**	18:30 - 19:30 **Funcional (Máx 7)**	10:30 - 11:30 **Funcional (Máx 7)**	09:30 - 10:30 **Pilates suelo (Máx 7)**		
18:30 - 19:30 **Barre (Máx 5)**	16:30 - 17:30 **Pilates suelo (Máx 7)**	19:30 - 20:30 **Pilates suelo (Máx 7)**	17:30 - 18:30 **Pilates suelo (Máx 7)**			
19:30 - 20:30 **Funcional (Máx 7)**	17:30 - 18:30 **Barre (Máx 5)**		18:30 - 19:30 **Funcional (Máx 7)**			
20:30 - 21:30 **Pilates suelo (Máx 7)**	18:30 - 19:30 **Pilates suelo (Máx 7)**		19:30 - 20:30 **Funcional (Máx 7)**			
	19:30 - 20:30 **Funcional (Máx 7)**		20:30 - 21:30 **Pilates suelo (Máx 7)**			
	20:30 - 21:30 **Funcional (Máx 7)**					

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